

RAINRING

**DIRECTORY
OF
MEANINGS**

Summaries of principal mentions

©Peter Ryley 2007-18

a Rainring Cards publication

KEY

Readers familiar with the book 'A Guide to Raining cards' should note that the directory booklet which follows is NOT organised in the same way as the book directory.

Here, we have chosen to list the cards by group, not (as in the book) by set. The tab names are hence slightly different:

G1 to G9: the **groups**, in numerical order.

XG: the **ex-grid** cards

UA: the **aspecting** (graphic) umpires

UC: the **commenting** (illustrated) umpires

- Set numbers are always written first, so that Group 1, for example, consists of 1/1 Deflation, 2/1 Inflation, 3/1 Clarity etc.

- Note on the summaries. The *earliest* are to be found on the A4 laminate (available from the rainingcards.com shop) and these are repeated in the book 'A Guide to Raining Cards.' However, the version of the summaries now (May 2018) given in this directory has been expanded and modified by new insights over these last years. The content of the book is much wider than mere summaries, but also contains, just like some sections below, insights *beyond* that first set of summaries.

1/1 DEFLATION: your inflated view of yourself is now being cut down to size. This is a challenge. How do you respond? Possible depression, despair, anguish, feelings of worthlessness – but don't blow this up out of all proportion: there are people for whom, circumstances in which you *are* valued.

EBB SPIRIT: limitations of male half of psyche exposed - so make way for feeling, intuition & female side. If you accept defeat and even humiliation; walk away, re-evaluate, integrate what is needed from the will and return all the stronger, no blame attaches.

2/1 INFLATION: having an exaggerated opinion of one's worth; unfounded feelings of superiority, the euphoria of being in love; feelings of empowerment after being stuck and withdrawn; being 'on cloud nine' and out of tune with others.

FLOW SPIRIT: appropriate spirit side output: demonstrating intellectual, logical, analytical or similar skills; teaching, sharing knowledge and understanding; resonating with others; charismatic activity – no blame attaches.

3/1 CLARITY: accurate assessment of your own capabilities and performance; clear, unbiased view of situations and events; acute awareness (sometimes used invasively); difficulties in relationships with others less insightful; sense of deflation when assessing limits of your own likely impact relative to whole world; clear seeing in relationship due to contact with Unconscious; sense of power and intensity; using your insight for beneficial communication.

4/1 THE PATRIARCH: (+) showing initiative; providing inspirational leadership; being far-sighted; dispassionate and having high-minded intentions; (-) behaving in an authoritarian manner; imposing yourself by force of argument; polarising a situation to the spirit side of the equation.

5/1 CONCEPTION: original thoughts & ideas; new beginnings; disturbance in established practices or relationships; lack of spontaneity, plans, intentions, analytical approach; becoming pregnant; initial fusion of male & female elements or aspects in a situation; loss of innocence; work (as opposed to play); adult preoccupations (as opposed to children's concerns).

6/1 ANGER: [from mild to severe] annoyance, irritation, ill temper, exasperation, indignation, anger, rage, fury, wrath. Repressed and compressed anger can go as far as to produce hate. Anger covers and hides fear; anger - the most acceptable expression of feeling in males.

HATE: hate; loathing, detestation.

THOUGHT: reasoning, rationality, logic, analysis; meditation, reflection; planning, perception; discrimination, calculating attitude, lack of imagination, literalness, lack of emotional development.

7/1 IMPRESSION: a) being impressed, overawed, inspired; a genuine learning situation; feeling threatened or humbled by the size, power, capacities etc of a person or thing; envy, resistance; b) nurtured, touched, moved; seeds of future growth of self; c) sense impressions; d) issues of conditioning.

8/1 NEED: lack of a partner; unwelcome single status; sexual, emotional or spiritual frustration; inner polarisation and denial; emotional distress due to solitude; craving for companionship; urge towards psychological balance and fulfilment; lack of basic physical or psychological ingredients needed for your well-being.

9/1 PROJECTION: (1) a new start, the end of a period of confusion, uncertainty and loss of direction; plans, projects, schemes; first tentative steps; the loneliness of the pioneer; solitary meditations; being misunderstood and unappreciated; doubts, misgivings, hesitations over the way forward; difficulty in shaking off the comfort of old habits and routines; overcoming resistance to change. (2) misreading others' feelings or intentions based on what your own would be.

G1

G2

Group 2: WILL (red)

1/2 CONTROL: you are controlling your emotions, blocking self-expression, not doing what you desire. What are your motives? You are afraid, under threat: but is the latter a reality from outside or a feeling from inside? Beware lest control, sometimes a useful tactic, become a life sentence in prison for yourself and/or those around you.

EBB WILL: is this an objective situation where head must rule heart? Do you have others in your care? Are you refusing to let go into an emotional reaction triggered by the here-and-now but not belonging to it? When Control is a tactic or a forgoing, not a compulsion, no blame attaches.

G2

2/2 ABANDON: being out of control; giving in, abandoning yourself to your feelings, desires impulses, whims; throwing caution to the winds; the sweet, heady scent of letting go; being true to your wilder nature: authentic, released – but beware of inappropriate and excessive throwing off of restraint.

FLOW WILL: exuberant and passionate action or interaction with others; behaviour embodying exhilaration, vitality, gusto; when an uninhibited surrender to the flow of emotion enriches and heals yourself and others, no blame attaches.

3/2 PASSION: balance between control & abandon; energy, zest for life, gusto, intensity; gaiety, fun, enjoyment; invention, enthusiasm, dynamism; openness, self-integration, beauty in communication; ease with your own body and the world, physical well-being; tendency to burn out, problem sustaining momentum and focus; irresponsibility, lack of mothering qualities.

4/2 THE WANTON: (+) being in touch with your emotions; doing what you feel like; living in the moment; ignoring convention; throwing caution to the winds; pursuing your desires with great intensity, including sexual ones; (-) being unstable and temperamental; blowing hot and cold; lack of realism; polarising a situation away from spirit to the will side of the equation.

5/2 DESIRE: urges, passions; going for what you want; abandon, sensuality, appetites; wilfulness; sensory stimulation; languor, satiety; play, ease, enjoyment, fulfilment, pleasure, release; intimacy; individuality, forthrightness, candour, idiosyncrasy, independence, charisma.

6/2 FEAR: [from mild to severe] uneasiness, apprehension, anxiety, worry, dismay, alarm, agitation, consternation, fear, dread, terror. The most fundamental feeling and the one most repressed by both men and women.

.EMOTION: emotion, feelings, upset, moodiness, inner instability, confusion; intensity, tension, exhaustion; problems using spirit side – reason etc.

7/2 EXPRESSION: creative work, self-expression, saying what you feel, passion, dedication, intoxication, radiance, inflated feelings of self-worth, journey of the soul, exuberance, naivety, infectious enthusiasm, challenge to established values.

8/2 ATTRACTION: personal magnetism of yourself or another; drawing or being drawn to someone, whether by sexuality, charisma, common attitudes and interests...; hesitation, doubt, unease over a new relationship; losing control, wanting to assert oneself; desire to protect and nurture; fantasizing about a future romance; imagining harmony and fulfilment with another; corresponding inner dynamic of your own psyche.

9/2 RESISTANCE: resisting, opposing, acting as a brake – particularly in regard to over-intellectual schemes and projects; championing pleasure relative to duty, emotion vis-à-vis thought; supporting flexibility against rigidity, freedom of the individual against central control; showing concern for the future effect of present projects; protecting the interests of children, family, community; denial or unwillingness to recognise your personal faults or neuroses; refusal to listen to wise advice or feedback.

G3**Group 3: HEART (green)**

1/3 WITHDRAWAL: emotional insecurity; vulnerability, lack of self-confidence; communication difficulties, suspicion, avoidance, self-isolation, shrinking back, going into ones shell; possible paranoia; refusal or inability to engage emotionally.

EBB HEART: justifiable caution, discretion, reticence, preoccupation with inner forces, working on oneself, inward focus, for example in creative work; recuperation after painful encounter /relationship. In strategic retreat, no blame attaches.

2/3 INVASION: compulsion to boss others around, deprive them of personal space, invade them; insecurity acted out by demanding response from others; inability to let others be; anxiety about being rejected, compensated by trying to force others to accept you.

FLOW HEART: warmth and energy in relationship; enthusiasm, open-heartedness, extraversion; 'life and soul of the party'. If initiative, dynamism and outgoing friendliness in relationship are not accompanied by any sense of forcing the reluctant, no blame attaches.

3/3 RELATION: 1) non-sexual closeness in relationship; friendship, warmth, good-heartedness; relationship based on shared interests or activities; possible repression of sexual feelings towards another, or by another; non-judgemental attitude, tolerance; honesty and straightforwardness in relationship; joyful and affectionate contact. 2) connection to or between people or things; contact, resonance. 3) comparison, connection; narrative, telling, recounting.

4/3 THE YOUTH: (+) enthusiasm, exuberance, spontaneity, being 'young at heart', trust, naivety, idealism, lack of calculation; warmth, friendliness, sincerity; moderation; openness, quest for knowledge, wisdom and truth (-) lack of insight & self-awareness, immaturity, irresponsibility, lack of insight & self-assurance, difficulty handling threatening emotions - yours or others'; indecisiveness; moodiness, petulance, wilfulness, insecurity, peer-group conformity.

5/3 CREATION: creative endeavour; breakthroughs in intuiting and understanding, solitary work, self-imposed discipline, dedication to a task, self-confidence, feelings of worth; being set apart from ordinary people; admiration from others, being in thrall to your muse, therefore alternance of exhilaration and depression; struggle against impulses to socialise.

6/3 GRIEF: [from mild to severe] dejection, blues, despondency, unhappiness, misery, suffering, heartache, sadness, grief, sorrow, distress, hurt, pain, heartbreak, agony, torment. In its milder forms, feeling whose expression is most accepted in women.

HEART: mediation, moderation, reconciliation, taking a middle position; friendship, warmth, empathy, kindness, caring attitude, emotional support; steadiness, reliability, tolerance; getting to the core or centre of an issue or event; danger : bias, excessive self-importance.

7/3 RAPPORT: mutual warmth, affection, admiration and respect; affinity & harmony in relationship; repressed passion, emotional resonance; longing, feeling uplifted and ennobled, fantasies of exceptional intimate relations; using your spirit to distance yourself from strong attraction.

8/3 EXPLOSION: (1) being in love; infatuation, euphoria, loss of personal boundaries; infantile bonding emotions; living in the moment; being in the grip of unconscious contents; inflation; abandon; abandonment of your responsibilities; repression of needs of self. (2) dramatic event or change, eruption, outburst, spectacular expansion, upheaval, crisis, meltdown, demolition.

9/3 BALANCE: balancing competing forces, particularly male and female-sided ones; seeing both sides of the argument, tolerance; mediation, arbitration, searching for compromise; ability to keep moving forward; sacrifice of your personal goals and desires in order to promote the common good; success in brokering agreement; tendency to favour Spirit over Will; inner stability, resilience, flexibility; growing self-assurance.

G3

G4

Group 4: FORM (orange)

1/4 TORPOR: (1) exhaustion, weariness, lack of enthusiasm, loss of motivation, boredom, apathy, stagnation, listlessness, overload of thoughts and or feelings, avoidance of personal issues; ill-health;; (2) still centre of being; the source of action and knowledge; serenity, calm, non-judgemental awareness.

G4

EBB BODY: focus on physical health; exploration of sensations; rest and recuperation in aftermath of demanding circumstances; situation not propitious for activity. In genuine convalescence, no blame attaches.

2/4 HYPER-ACTIVITY: compulsive over-activation, whether mental or physical; overwork; racing mind driven by anxiety; stress, being constantly busy, losing touch with nature and your own body; being cut off from sensation, pleasure and heart.

FLOW BODY: the high activation level appropriate in moments of danger; outpouring of energy in sex, work, sport or any suitable activity. When hyper-activity prefaces no inhibition about, or difficulty in reversing into torpor, no blame attaches.

3/4 ACTION: good relationship with your body; appropriate activity; end of plans, preparations etc; throwing yourself in at deep end; readiness to face the unexpected; relationships based on shared doing; showing your identity by doing; steady focus, absence of atmosphere of drama or panic; effective & well-directed activity; using body intelligence; may use action to block emotional challenge.

4/4 THE HERO: (+) strength, persistence, tenacity, fortitude, vitality, humour, practicality, enterprise, successful battles against the odds; groundedness, physicality, good sense-perception, common sense, robust health; (-) obstinacy, narrow-mindedness, insensitivity, lack of imagination, obsessive tendency, boorishness.

5/4 FORM: order, practicality, health, problem-solving, results, stability, earthiness, common sense; ease with others, getting on well with people, communicating effectively; humour; pragmatism, absence of obsessive ideas or principles; lack of imagination or originality; excessive focus on the material world; danger of shallowness, imitation and disconnect from your individual spiritual source.

6/4 DESPAIR: discouragement, pessimism, losing heart, depression, melancholy, defeatism; desperate, hopeless, resigned, collapse of enthusiasm, verve, will to struggle; autoimmune illness, suicidal inclinations, possible suicide.

SENSATION: awareness of the body and of body-language; pragmatism, common sense, down-to-earth attitude; manual skill, sensitivity to the qualities of objects, awareness of the natural world; sense-perception, physical activity & sport; distance from intuition & Unconscious. **G4**

7/4 OEUVRE: practical activity, creating, inventing, applying your personal touch; expressing yourself in actual work, passionate involvement in activity, trying to balance passion and objectivity; reluctance to let go of activities you enjoy working at; inner states which correspond to the above.

8/4 SENSUALITY: sexual actions, thoughts or feelings; body exploration with a partner (or alone); journey of discovery through the sensual; grounding partnership in the physical dimension; casual sexual response; sensation-based interaction, pleasures of senses, sensory stimulation: by food etc; sensory interactions: in manual work, practical activities...

9/4 FORMATION: 1) work; progress, development; learning, training, education; leaving theory behind; materialising ideas; practical advances in work; identification with a project; sense of self-worth through achievement; work-related contacts. 2) delays, setbacks, frustration, disillusion, impatience, boredom, getting bogged down; taking short-cuts, unwillingness to listen to feedback.

3) **[DISPERSION]** collapse of project; either its abortion, or re-launch (e.g. under new management).

G5 **Group 5: UNCONSCIOUS (indigo)**

1/5 OBSESSION: persistent, distressed, exclusive focus or preoccupation; fixation, unable to get someone or something out of your mind; blocked, then redirected psychic energy, frustrated desire; compulsion, mania, infatuation, addiction, being driven, e.g. by pathological ambition.

EBB WORLD: repressed desire, the energy of which is channelled into creative work; reaching in, engaging with the inner world – the activity of the clairvoyant, seer, shaman, psychotherapist. On the true journey of the soul, no blame attaches.

2/5 POSSESSION: being overcome by unconscious contents; succumbing to outside influences; losing healthy resistance to not-self elements; having too weak boundaries, being too impressionable; hearing voices, being bewitched, enchanted or under a spell; excessive isolation, human contact problems.

FLOW WORLD: openness to & integration of unconscious contents; artistic inspiration, shamanic or mediumistic activity; resolving blocks in psychotherapy, new access to one's psyche; when new personal freedoms are due to resolved trauma: no blame.

3/5 SOUL: being /getting in touch with your unconscious; right relation with the Unconscious; absence of inner splits; integration of conscious and unconscious aspects of your psyche; self-awareness; empathy; sensitivity to others; absence of obsessive ambition or excessive self-promotion; deep sense of human values: warmth, honesty, integrity; good relationship balance; auspicious psychological balance.

4/5 THE SEER: (+) seeing below the surface, being in touch with your dreams; intuitive awareness; trusting your inner voice; shedding light in areas of obscurity; second sight, clairvoyance, clairaudience, communication with and action in the spirit (non-material) world; (-) secretive, paranoid, aloof, haughty, lacking common touch; isolation, obsessive introversion, absence of humour; possible abuse of power

5/5 FLOW-SINGER: non-doctrinaire attitudes, rounded personality, wide interests; elusiveness, uncommitted in relationship; no settled life-style, travel, flexibility, flux, career change; enterprise, insight, self-awareness, making a strong impression on others; reluctance to settle for one person, career or lifestyle; non-conformity.

6/5 CONTACT-HOPE: positive sign, omen or portent, synchronous event; religious or spiritual experience, epiphany, illuminating discovery or realization, 'great dream', inspiration, renewed hope, new optimism, light at end of tunnel; liberating surrender to flow of life.

INTUITION: hunch, presentiment, 'irrational' feeling, intuition, subjective sense; shamanic practices, psychic channelling, card reading etc; gambling, financial market trading; risk-taking business style; problem with sensation, the mundane or commonplace.

7/5 VISION: (1) inspiration, revelation, feelings of transcendence, clairvoyance, direct contact with the non-material world, dream, meditation or trance-induced images; foresight, prophecy, seeing the bigger picture, imagination; (2) use of sight; (3) charming appearance.

8/5 PROCREATION: (1) harmony leading to pregnancy; pregnancy, birth; focus on your new-born infant; sensual feelings related to this (women); (2) self-absorption, especially in sensations (3) unconscious reach for new understandings; birth of inner experiences, sensations, feelings; irresistible sensual or creative urges.

9/5 INPUT: inward focus; reflective attitude; listening to your inner voice; attempt to re-evaluate your situation; retreat from frenzy of external activity; collapse of manic pursuit of goals; loss of euphoria, deflation, ceasing to be full of yourself; search for help, new willingness to listen; humility, admission of defeat, failure or impotence, recognition of your own limitations. Openness to new ideas, ways, sources of inspiration.

G5

G6

Group 6: SELF (yellow)

1/6 SUBMISSION: giving in to the will of another; lack of self-assurance, poor self-image; loss of own personal centre, following, abdicating responsibility, infantile reliance on another's knowledge, skill or charisma; fear of self-assertion; anger blocked by guilt or fear.

EBB SELF: concession from strength, ability to allow others space to shine, lack of concern with self-image; inner resilience and self-confidence; nurturing qualities. When inviting others to take centre stage, honour attaches.

G6

2/6 DOMINATION: a place in the sun; predominance; getting your own way; invasive & suppressive behaviour towards others; compulsion to be centre of attention; as leader, overstaying your welcome; addiction to authority and power; feeling convinced of your own superiority; intense, suppressed and unconscious fear of losing control.

FLOW SELF: a preponderant position - merited, timely and appropriate; reluctant acceptance of power and authority. When leading for the benefit of all, and only as long as required, no blame attaches.

3/6 RADIANCE: shining, self-assurance, personal strength of character but without domination; warmth, joyfulness, self-expression; individuality, unconventionality, originality, centredness; sense of wonder; co-operative ability in relationship; charisma: sometimes envied and resented by less forceful individuals.

4/6 THE MATRIARCH: (+) nurture, warmth, self-confidence, responsibility, community sense, taking care of others, support and training of young; reliable, dependable, stable, resourceful, competent, courageous (-) self-sacrifice, exhaustion, guilt, depression, over-seriousness, lack of personal fulfilment, putting yourself down.

5/6 SELF: self-centred behaviour; strong sense of your individual identity; independence, pursuit of your own advantage; motivation, exuberance, balance, idiosyncrasy, appropriate introversion; selfishness, self-isolating tendency, difficulty recognising need for others; reluctance to get involved with others.

6/6 FREEDOM: inner or outer freedom, release, breaking out of restrictions, emancipation; gaining personal space, room, latitude, scope, leeway; deliverance, de-conditioning; individual decisions, independence, personal autonomy; spontaneity, openness, informality, self-confidence.

VIBRATION: self-centred action, focus on your own advantage; self-assertion, doing what you truly wish to do, refusing the restrictions and taboos imposed by society, religion, ethnic group etc; danger of egotism.

7/6 CHARISMA: personal magnetism that charms; acting with leadership and authority; being single-minded in pursuit of a vision; belief in your own destiny; drawing others to you; showing verve, style and distinctiveness in action; force of personality invades others; problems relating to admirers; will accept being put on a pedestal.

8/6 DEFENCE: (+) self-protection; defending your individual identity; resisting submersion in the couple or group; assertion of your own self-worth; (-) experiencing closeness as a potential threat; refusal to surrender control; resistance to flux & change; avoidance / withdrawal of sexual or emotional contact; self-protection from, and denial of pain.

9/6 ACHIEVEMENT: dedication to completing a task, strong-mindedness, ability to maintain focus; inner tension, uncertainty over personal capabilities, shadow cast by previous difficulties; careful planning and re-evaluation; cool and level-headed approach towards both work and co-workers; tolerant and fair attitude; self-reliance, determination to run a tight ship; being demanding first and foremost of yourself. **G6**

G7 **Group 7: COMMUNICATION (blue)**

1/7 INHIBITION: a feeling of self-restraint being imposed; restriction, emotional block to speech or action; obsessive search for inner precision; lack of self-confidence inhibiting expression; fear leading to compulsive avoidance of self-exposure.

EBB SONG: circumstances demand appropriate self-restraint, acceptance of natural inner fluctuation, unsuitable moment for contact with the outside. When inner orientation is objectively required, no blame attaches. **G7**

2/7 EXHIBITION: compulsive showing off, insisting on being the centre of attention; addiction to the spotlight; search for recognition and praise lacking in childhood; denied reluctance & anxiety at feeling overexposed.

FLOW SONG: exercising your professional responsibilities e.g. actor, teacher; objective need for exhibition, e.g. protesting against an injustice; freedom to speak out after previous inhibition, whether inner or outer. In non-compulsive exhibition, no blame attaches.

3/7 INTERCHANGE: ease with others; absence of compulsion either to speak or not to speak, relaxing exchange; teaching and learning; impression and expression, shared insights, mental and emotional stimulation; awareness of yourself and others; challenging and being challenged; magic of resonance – whether sending out or receiving; art of giving and taking.

4/7 THE ARTIST: (+) creative work or ideas, free expression, aesthetic sensitivity, a childlike wonder at nature and animals; independence of mind; alternative views; eccentricity, dedication, single-mindedness, tolerance, awareness, integrity, (-) self-obsession, possible insensitivity to people; exaggerated appetites, naivety, vanity, petulance, mood swings. **G7**

5/7 WORDSONG: the urge to communicate; longing and search for love; tensions between being yourself and being with others; making music, poetry, drama etc, questioning self-image; frustration with limits of expression; awareness of yourself and others; emotional restlessness; desire for the muse; high artistic endeavour.

6/7 LONGING: longing, yearning; intense, persistent desire or craving – especially for something far away and difficult to reach, attain, realise, achieve or fulfil; or someone felt to be difficult to reach, join or connect to – whether in affection (old friends) or love (romantic fantasy) desire.

MAKING SOUND: search for a soul mate, being unwillingly single, compulsive socialising; working on yourself, seeking inner balance; communication by word or music, especially with intent to heal the wounds of psyche; surrender to the designs of fate; search for sources of your own charisma.

7/7 RESONANCE: being on same wavelength, sympathetic connection; striking a chord with others / having a chord struck in yourself; communication in a timely, appropriate and sensitive manner; openness to a message being delivered; having something to say which others are ready to hear. **G7**

8/7 PAIN: (emotionally): feelings of hurt, distress, separateness, being misunderstood; aloneness, despair; desire to withdraw from contact with your partner or friend; suffering with and for humanity, fellow-feeling; separation from nature and the divine, longing for transcendence.

TWAINSONG: commitment to growth through relationship; roller-coaster emotions; joy, fulfilment; experiences of not-two; insight and awareness in relationship; sense of belonging, connectedness within all of life.

9/7 COMMUNICATION: switch of orientation from self to others; interaction: meetings, interviews, phone calls; publicising or marketing your work; responding to feedback; making alterations or modifications; final bringing together of constituent energies of project; public praise/criticism; handling effects of success; looking forward to rest, new beginnings;

G8 **Group 8: CONJUGATION (magenta)**

1/8 WILL DENIAL: suppression, refusal to recognise the validity of emotion; spirit-biased judgements against feeling; Spirit's unacknowledged fear of losing control; hatred of vulnerability, tenderness and love.

SPIRIT POLE: appropriate and well-judged emphasis on reason and reflection; use of effective and dispassionate analysis, planning, etc in suitable contexts; wise and appropriate self-restraint. If resisting influence of auto-destructive emotion, no blame attaches.

2/8 SPIRIT DENIAL: rejection of value of reason, analysis etc; denigration of values not based on feeling; anger, bitterness and resentment towards the male pole; refusal to recognise that Spirit is complementary to Will, & that latter needs former.

WILL POLE: situations rightly requiring emotion-based response; confidence and ease in feeling-side interactions; being at the still centre of being, knowing the limitations of reason. When incarnating female-side virtues with no denigration of the male side, no blame attaches.

3/8 JOY: freeing yourself from denial both of Will and Spirit; contact with buried sensations and emotions; psychological roller-coaster; physical pains associated with integrating emerging, formerly repressed contents of psyche; self-expression; rebirth; exhilaration, intense well-being; sexual enjoyment; pleasure, fun, freeing yourself from work-obsessed attitudes; sexual freedom without denial.

4/8 THE MAID: (+) energy, passion, intensity, volatility, sexuality; insight, intelligence; enterprise, independence; humour, loves fun and dancing; having high moral purpose, sense of sacredness of life, wisdom beyond your years, (-) vulnerability, overwork, self-criticism, making heavy demands on yourself.

5/8 SWAYESSE: an important love relationship; passion, sensual excitement, feeling vulnerable; anguish, fear, emotional distress and turmoil, feelings of inadequacy, self-protective reflexes, respect for your partner; shared values & goals, compatibility, commitment; equivalent inner movement.

6/8 PLAY OF LOVE: the roller-coaster experience of being newly in love, together with the many and sometimes contradictory feelings to which it gives rise: joy, euphoria, exhilaration; emotional tension and anxiety, instability, turmoil, urge to control the latter; attempt to overcome loneliness and longing; sense of belonging, letting go, relief, freedom to be yourself. Beyond that, complex and often contradictory states, actions, emotions and experiences developing long-term out of the initial ferment of 'young' love. Parallel inner elements.

CONJUGATION: conjugal relations, being in love, seeking psychic wholeness through love; will-spirit issues between individuals; seeking inner male-female balance, open to both poles of your psyche.

7/8 BEAUTY: successful communication between male and female; balance in relationship; willingness to face denial; commitment to resolving relationship conflicts; facing past trauma; healing inner wounds; not running away from your relationship difficulties; refusing to retreat into being / remaining single.

8/8 UNION: focus on uniting with your partner; sensual love with this intention; attitude favouring 'us' rather than 'me'; successfully dealing with repressed pain and denial in your couple or group; experiencing you & your partner or group as one; any circumstance where fusion of male and female psychological elements happens or is aimed for - in inner, no less than outer contexts.

9/8 COMPLETION: conclusion, ending, completion, success; public recognition - prizes etc; successful bringing together of male and female energies; kudos with opposite polarity; joy at successful outcome; uncertainties over your future; possible resistances to letting go, need to leave ex-colleagues, allow others to take over work; day-dreams of future projects; intuition of forthcoming test of Crossing.

G8

G9 Group 9: QUEST-ION? (grey/brown)

1/9 EBB: recourse to major focus on inner, personal issues; retreat from the world; agoraphobia; real life difficulties appear overwhelming, depression; anxiety; seduced into introspection by unconscious influences; seeking refuge in your inner world – maybe compulsively so.

G9

EBB PSYCHE: necessary introspection; wrong timing for outer world action; decisive waiting, search for inner psychological reinforcement and / or inspiration. With ability to move to outer world when needed, no blame attaches.

2/9 FLOW: outpouring of psyche not appropriate to circumstances or audience; neurotic extroversion such as compulsive talking; invasive speech or action driven by unconscious material; attempts at contact driven by need & anxiety, therefore lack authenticity; facing self avoided by relentless external focus.

FLOW PSYCHE: appropriate outflow of psychic energy; inspiration for others, communicative work e.g. waitressing, TV/radio host, teacher etc; artistic expression; controlled upwelling from Unconscious.

3/9 TIDES: 1) [unbalanced] bi-polar traits: great volatility of behaviour and feeling; hyper-activity, euphoria and invasive socialising alternate with torpor, depression and withdrawal into isolation; 2) [balanced] extravert-introvert balance achieved by work on yourself; unfazed by drama, surfing the big rollers of existence with equanimity; fluid, multi-faceted, resourceful and almost always centred. Equally at ease as life & soul of the party, or as recluse.

4/9 THE STRANGER: (+) integrity, high moral purpose; breadth of vision, ability to synthesise, wisdom; enquiry, scepticism, non-conformity; individuality, nomadic attitude, pilgrimage; wide spectrum of interests including other people; (-) remoteness, isolation, failure to empathise with those of less holistic mentality; may lack the common touch

5/9 RAINDANCE: immersion in the round of life; rich and complex experiences; feeling deflated by your limitations; loss of habitual sense of self; disorientation, drawn toward union – inwardly, or with an external other; re-evaluation, search for new meaning; broadening of narrowly conceived projects; inspiration, catharsis, ‘light bulb’ moments.

6/9 BITTERSWEET: the emotional state characteristic of crossings, especially important ones. Its ingredients are a complex mixture of loss and gain, grief and excitement. Happy and sad feelings are mixed with others such as anxiety, regret, relief, anticipation: the flavour of this cocktail depends on the balance of feelings about the ending and the expected beginning. Bittersweet is disturbing, destabilising, capable of provoking profound states of reappraisal & self-questioning, as of emotional ‘breakdown’, euphoria, blissful relief...! **G9**

QUESTION?: search, quest, research, exploration; passion to discover, bringing Unconscious contents to light; challenging status quo, reforming zeal; change, desire for renewal in relationship, sexual experimentation.

7/9 LEGACY: creating and communicating for tomorrow, long-term aims and perspective; giving up present satisfaction for future reward; fulfilment of personal destiny; strong sense of self, which can withstand indifference of others, sense of mission; passionate investment in your personal relationships.

8/9 PLAY: fun, enjoyment, freedom from external constraint; spontaneity; fantasy, games, invention, make believe; sexual freedom without denial, doing as your body desires; surrendering personal barriers; disoriented by end of 'work', despair at inner threat to union-centred existence and values.

9/9 CROSSING: ending, discontinuity, loss; self-doubt; isolation, perturbations in relationships, day of reckoning, retreat from outer activity; heightened contact with the Unconscious e.g. dreams; confusion, uncertainty; letting go; acceptance of limitations, inner peace, trust in life - renewed optimism and energy, sense of rejuvenation; difficulty in returning to work.

XG

The EX-GRID cards

PSYCHE

PSYCHE (N): You are feeling deflated by your previous failure with the male side. This has marked you deeply and left you fighting to regain your sense of self. You, and others, must recognise this, but then you must find the inner strength to put it aside & not isolate yourself. Your warmth and friendship are needed –to be given and received. The past hurt must not be denied, but it must not become a prison.

PSYCHE (S): Female-side position based on fear of renewed hurt from male side; search for self-reinforcement; necessary withdrawal from male pole; following of your intuition about male side; friendliness, but avoiding deep emotional involvement, superficial encounters leading to quick disillusionment; some loneliness, longing for deep relationship with new masculine (Rainbird); inner variants of same issues.

RIVER (E): Uninhibited flow from Unconscious: especially suspicion, resentment, bitterness towards spirit, below is deep hurt; need for closeness without male-female polarisation stress – so friendship, companionship, work colleagues etc; this is a wound-repair situation requiring fortitude, patience **XG**

XG

and tenacity; balance is not for now or even soon; be guided by your intuition.

BRIDGE (W): Hurt made conscious - felt, not denied - can move the Unconscious. You are reaching for this. You have the self-vibration of charisma and are achieving the beauty of a good male-female balance in communication. Yet in both, you lack self-confidence and self-assurance. Nevertheless, your resonance with spirit is a force to counter negative imprint of male side still in your unconscious.

RAINBIRD

RAINBIRD: [N] You show attunement with feeling energies, see yourself as needing to learn from women; you are concerned with psychological healing – of yourself and others – and of male-female balance. You are attentive, open-minded and restrained. You try to complete the work needed by spirit, while looking forward to more robust relations with female side.

RAINBIRD: [S] Clarity, discernment, insight; insouciance, playfulness, happy-go-lucky attitude; possible unwillingness to work; self-confidence, resourcefulness, centredness; flexibility, surfing thought, emotion, inner & outer; caring about **XG**

XG

women and female side, ease & vitality in male-female relations; success with female pole can be difficult to handle.

RAINBIRD: [E] Inner efforts towards male-female balance (conjugation), withdrawal from fray for work on yourself; swings of mood and attitude; relinquishing control by reason, path to new ways of being and of self-definition; newly-sympathetic contact with others, first steps in resonance i.e. tuning in to the wavelength of the other.

RAINBIRD: [W] Emotional trauma, breakdown and reappraisal in relationship, truths hard to face; loss of self-confidence; vulnerability, sexual and emotional dysfunction; collapse of traditional male role; self-redefinition; heart-balanced action; longing for respite from emotional storm; early signs of emerging outline of new spirit identity

SYMPATHY

RAIN: (N) Retreat from the fray, search for inner balance; - unconscious letting go; with others – new ideas, plans, initiatives; forceful intervention in spirit; great tension between impulse to let go into action and reflex of preserving your own

inner centredness.

XG

XG

SYMPATHY: (S) (+) Sympathetic resonance with other(s); you act for will-spirit harmony; seek balance; you mediate, communicate to promote order; you feel anxiety over possible will/spirit excess; Unconscious gives strength; you have a rest – action dilemma. (-) if too self-assertive, can fail as mediator.

MIRROR: (E) You, or someone close to you, are reflecting back to others. Giving others the space to see is a precious gift: only be vigilant that the mirror does not become an addiction, a compulsion. A good listener, a non-judgemental person; circumstances enabling seeing yourself.

IMAGE: (W) A gap between who you think you are, & who you actually are; disorientation, re-appraisal, learning about self; painful re-evaluations, de-stabilising revelations, self-image challenges, possible deflation; opportunity for personal growth.

THE CROSSING-KEEPER

OCEAN: (N) Feeling under threat; retreat into self-absorption, strategic and necessary withdrawal; reaction against, even hatred towards material world and values of the senses;

however, invasive impulses of heart, search for new central role & identity; need to keep options open and maintain **XG**

XG

fluidity in the psyche.

THE CROSSING-KEEPER: (S) Complex and contradictory nature: Intense work, especially in communication with others; sense of mission; search for ever-wider horizons; originality, intelligence, sexuality; joyful and playful impulses, but not without guilt; emotional volatility, sense of fulfilment alternating with frustrated creative urges; you feel deeply alone, not truly seen and understood.

RAIN: (E) Search for your own neurotic patterns, desire to heal pain in the will; may focus excessively on your own emotions, tendency for neurotic retreat into your own psyche; harmonising & balancing of heart energy; allowing will energy to take control; maybe too passive vis-à-vis female side; work to re-balance male dominance and suppression of feeling.

SOUL: (W) Placing intuition at the centre of your life; fantasies of unrestrained pleasure; urge for a feeling-sided space to let go into the will; action from matriarchal values: nurture, responsibility, community; dissatisfaction with will-denial,

exploring & questioning your role, situation, meanings & values in life; potential collapse of old patterns of thought, feeling & behaviour. **XG**

UA **The Aspecting UMPIRES**

UMPIRE FORM

UNCONSCIOUS: (N) The hidden, repressed, underground aspect of the matter, unknown to you or kept out of your consciousness.

FORM: (S) The practical, factual, daily life aspect of the matter
■ The sensational, material/physical element ■ The part you are conscious of.

SPIRIT: (E) The aspect of the matter involving the mind - evaluation, analysis & synthesis. ■ Related to 'spiritual' insight and wisdom.

WILL: (W) The aspect of the matter related to passion and emotion. ■ The aspect involving emotional intelligence, sensitivity, vitality and sexuality.

UMPIRE CONJUGATION

COMMUNICATION: (N for NW) The aspect of connection by words, music etc. ■ The spread of thoughts, feelings, insights and experiences by sympathetic resonance.

CONJUGATION: (S for SE) The aspect concerning balance of male-female energies – as an inner, psychological activity, or ■ between male- & female-pole individuals. **UA**

UA

QUEST-ION?: (E for NE) The aspect of the matter involving your search, quest, goals and purposes. ■ Calling things into question; challenge, enquiry, exploration.

SELF: (W for SW) The aspect of the matter concerning the world within you; that which impacts on your individual being. ■ Whatever comes from or to yourself.

UMPIRE HEART

HEART (N, S, E & W): The core, heart or centre of the matter. ■ The summary. ■ The aspect related to affection, empathy, non-sexual relations, children.

The Commenting UMPIRES

UMPIRE BALANCE

MODERATION: (N) Moderation, measure, temperate attitude. ■ Unconscious eruption aimed at countering excessive conscious control. ■ Ego made wider & more supple; to accept & let dark side of self into light.

BALANCE: (S) To obtain effective balance, the following elements are needed in combination: 1) flexibility; 2) initiative; 3) being prepared to favour the female side, but to switch **UC**
UC

that stance if needed.

SIMPLICITY: (E) Direct, straightforward speech and behaviour; honesty, clarity. ■ Avoidance of 'cleverness'; down-to-earth wisdom. ■ Balancing insight and analysis with warmth and sympathetic openness.

CONGRESS: (W) Powerful female energies for balance: strength, wisdom, self-assertion, sexual desire, affinity with nature. ■ Also, maverick element subverting everything, including balance itself.

UMPIRE SEASONS

WINTER: (N) Loss, retreat, rest ■ assimilating the year's developments – achievement ■ work beneath the surface – the inner, the night journey ■ self-centred pleasures, generating and manifesting inner warmth.

SUMMER: (S) Good living, abundance, ease, pleasure ■ maturity, promise fulfilled, high tide ■ mid-life crisis, awareness of mortality, end of youth.

AUTUMN: (E) Harvest, completion, celebration ■ mellowness, carefree attitude ■ slower rhythms, introspection, wisdom ■ leaf fall, storms, fading light, approach to Crossing. **UC**

UC

SPRING: (W) Growth, birth, bursting out of limits ■ extroversion, passion, physical and sexual drive ■ youth, optimism, risk, trust in life.

UMPIRE ORACLE

L.B.W.: (N) The blow has fallen: let go, accept and feel the pain, renew yourself through loss and change. ■ There are no victims: rage, grieve, but don't deceive yourself – part of you has agreed to close this chapter.

HOW'S THAT?: (S) The moment of truth. Was it insight and intelligence, or a loss of drive or attention which brought you here? ■ Either way, can you look beyond your own concerns to the bigger picture; let go and accept life's verdict?

TEA INTERVAL: (E) Truce, a pause or respite, a breather; brief rest and relaxation after exertion and achievement. ■ stepping back in order to gain perspective; a wider view.

NOT OUT: (W) Life goes on, bringing either a reprieve from difficulty or danger, or returning you from hope of a victory to

routine battles of daily round. ■ What has been impressed upon you? Reflect, learn from this special moment. **UC**

UC

UMPIRE REVERSAL

λ WAITING: (N) Wrong timing, so need to let go, step back, immerse yourself in something else, use patience, dispassion, avoid obsession; let go of self-assertion – give way to the flow of psyche. ■ Let intuition tell you the moment to try again.

λ EDGE: (S) ■ Disturbance of status quo; state / situation on the brink; emotional upheaval, nothing can be taken for granted; change likely: bad to good, or vice versa. ■ Moving into & out of the vibration on the umpired card.

λ REGAIN: (E) Powerful impressions lead to re-evaluation. ■ Established and hitherto inflexible patterns of attitude and behaviour are turned around. ■ Possible confusion & guilt at change of mind; unconscious forces drive new views.

λ LOSS: (W) A complex, bittersweet emotional experience – pain, distress, bereavement alongside eagerness for the new. ■ Loss or change in relationship. ■ Possible fulfilment at putting a bad situation behind you. ■ Self-recrimination & guilt.

UC

UMPIRE BULL / NO BULL

BULL: Real, actual, material, genuine, true, authentic; the clarity of objective awareness. ■ Fake, unreal; deception, sham, denial hiding truth. ■ Appearance, semblance, obscurity. ■ Obsessive and misplaced reliance on rationality & 'facts'.

NO BULL: Authentic, true. ■ Reinforces - Absolutely! Yes indeed! ■ Balance for heavy, unimaginative, yet impetuous, intemperate Bull. ■ Spirit bias: denies desire as basic cosmic force; denies masculine-feminine union as highest spiritual goal.

UMPIRE CATS

1 CAT: Watch out! Pay attention! ■ Cool, dispassionate appraisal, unwavering attention, acute sense awareness. ■ Flexibility, preparedness for disruption of plans or expectations. ■ Distinctive, individualistic style of behaviour.

3 CATS: (3 sides of Umpire Cats) Read only what is on the card being umpired. The umpires have nothing to add.

SHOP WINDOW

Spring 2018

Cards: For the present, only the 4-mention version of Rainring is available to buy, though you can play with the one-mention version for free at www.rainringcards.com. We are now preparing the 1-mention version

Boxes: Apart from the standard tuck-box, we can offer other boxes as stand-alone items, or included in boxed sets of cards: details on rainringcards.com.

Books: 'A Guide to Rainring Cards' is a 270-page paperback incorporating both directory and instructions much expanded from those featured here: available from Rainring website.

Accessories: in particular the laminated summaries referred to on the next page are a useful tool for Rainring readers.

Video: <https://www.youtube.com/watch?v=pCa3yDGDifA> is the earliest and shows Peter and Hacina reading the cards. A whole new series of instruction videos are now available on the Rainring Cards You Tube channel – the preview for this is at <https://www.youtube.com/watch?v=TyPI6ZM8YAO>